Help Me Grow SC

Lorraine Cragan-Sullivan
Community Outreach-Upstate
Help Me Grow National Center

Founded by Dr. Paul Dworkin in Hartford, CT

Affiliate Network: 105 systems in 30 states
Help Me Grow System Model

- Centralized Access Point
- Family & Community Outreach
- Child Health Provider Outreach
- Data Collection & Analysis

CONTINUOUS SYSTEM IMPROVEMENT
ORGANIZING ENTITY
SCALE AND SPREAD

Advancing Developmental Promotion, Early Identification & Linkage to Services
Help Me Grow SC

• Prisma Health-Upstate
  – Health Sciences
    • Bradshaw Institute for Community Child Health & Advocacy
      – Healthy Child Development
      – Injury Prevention
      – Child Abuse Prevention
      – School Health
      – Community Pediatrics

• Primarily grant funded
• At no cost to families
• Over phone, online, text: convenient for families
• English/Spanish bilingual staff, access to translation services for other languages
Counties Served

Upstate
- Anderson
- Greenville
- Laurens
- Oconee
- Pickens
- Spartanburg

Lowcountry
- Beaufort
- Berkeley
- Charleston
- Colleton
- Dorchester
- Beaufort
Promote the healthy development of South Carolina’s children through age five
What’s the big deal?

• Low developmental screening rates in SC within pediatric practices
• Families don’t know what they don’t know; don’t know where to go to get help
• 1 in 6 children are diagnosed with a developmental delay or disability in SC (ages 3-17); higher than national average of 1 in 5
• 70% of children with delays/disabilities are not diagnosed until entry into school (age 5+)
• 71% of SC fourth graders are not proficient in reading
• 74% of SC eighth graders are not proficient in math
• Early intervention & services make a difference
Promotes parent-engaged developmental monitoring of developmental milestones

Free materials, online resources and training

https://www.cdc.gov/ncbddd/actearly/index.html
Are you prepared for your child’s next well-visit appointment? The Well-Visit Planner can help

- Takes 10 minutes to complete
- Based on national recommendations for parents/guardians of children 4 months to 6 years of age
- Designed to customize, tailor, and improve the quality of well-child care for young children by engaging parents as proactive partners in planning and conducting well-child care visits

**Explore** key issues and needs important to the health of your child and family

**Learn** about important topics to discuss with your healthcare provider

**Pick** your top priorities and get educational information before the visit

**Partner** with your child’s provider by sharing your personalized visit guide

**Just 3 Easy Steps to complete:**

1. **Answer a Questionnaire** specific to your child’s age
2. **Pick Priorities** that you would like to address at your child’s well-visit appointment
3. **Get Your Visit Guide** to share with your healthcare provider

Visit [www.wellvisitplanner.org/helpmegrowsc](http://www.wellvisitplanner.org/helpmegrowsc) or call Help Me Grow SC at 1-855-476-9211 before your next well-visit appointment!
Developmental Screening (promotion & early detection)

- Ages & Stages Questionnaire-3, ASQ:SE-2
- Ages 1 month through 66 months
- Promote developmental screening via HMG SC at 6 week follow-up
- Parent Rx sheet
Care Coordination (linkage to services)

- Support caregivers in accessing developmental & behavioral community-based resources
- Support for caregivers (answer questions, home visiting & parenting resources)
- Inform statewide partners of barriers to accessing services
Dental Outreach
Our Interest

• Heard from dentists that families are discussing developmental issues, most often speech concerns
• Research linking outcomes to oral health
• Personal experiences with dentists
Let’s get it right from the start!

Children with good oral health are:

1. Less likely to suffer from chronic strep throat and ear infections
2. Less likely to need expensive dental treatments
3. More likely to attend, concentrate and succeed in school
4. Less likely to suffer from speech development or early learning issues
5. More likely to have healthy self-esteem
Pilot Project

- Pediatric dental practices in Upstate & Lowcountry
- Track how many families heard about HMG SC via dental practice
- Dental practice & HMG SC share feedback
Connect Families to HMG SC

• Place poster (English & Spanish) in waiting room
• Share flyer with families in office
Potential Future Phases

- Care Coordination staff encourage dental follow-up
- Add content to HMG SC website-importance of dental care
- Expand to additional practices
Contact Information

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thank you